

Sector : BIOLOGICAL ENGINEERING



Acronym : DIETET

Option: DIETETIC

Level : BTS

Prerequisites: Scientific series or equivalent level

Opportunities:

- Hospitals;
- Educational establishment;
- Sports Center;
- Food industry;
- Cure or retirement home.

Description:

This specialty aims to train nutrition professionals capable of applying the sciences of nutrition to the diet and education of individuals and groups, whether healthy or ill.

REQUIRED SKILLS

Generic skills

- Work independently, collaborate in a team;
- Analyze, synthesize a professional document (French, English);
- Communicate orally, in writing, in the company or outside (French, English)
- Participate in / Lead a project management process;
- Know and exploit the professional and institutional networks of the food and nutrition sectors.

Specific skills

- Assess the nutritional status of a patient;
- Formulate diets and make dietary dishes;
- Facilitate nutritional therapeutic education sessions;
- Interact with other specialists in the field of food, in particular the food industries, collective catering and sports medicine by sharing their skills on nutritional quality and nutritional balance.
- Conduct consumer surveys and participate in the development of new products.